



A Time to be Thankful

Blessings

Reflect upon your present blessings,
Of which every man has many;
Not your past misfortunes,
Of which all men have some.
- Charles Dickens -

Focus On All The Wonderful Things That Are Present In Your Life Now

If you find yourself stuck in traffic, don't despair. There are people in this world for whom driving is an unheard of privilege.

Should you have a bad day at work, think of the man who has been out of work for years.

Should you despair over a relationship gone bad, think of the person who has never known what it's like to love and be loved in return.

Should you grieve the passing of another weekend, think of the woman in dire straits working twelve hours a day, seven days a week to feed her children.

Should your car break down, leaving you miles away from assistance, think of the paraplegic who would love to take that walk.

Should you notice a new gray hair in the mirror, think of the cancer patient in chemo who wishes she had hair to examine.

Should you find yourself at a loss and pondering what life is all about, asking "what is my purpose?" Be thankful. There are those who didn't live long enough to get the opportunity. *Live!* for those who no longer do.

Should you find yourself the victim of other people's bitterness, ignorance, smallness or insecurities, remember that things could be worse. You could be one of them!

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